

RELEASE IN FULL



CHILD MIND
INSTITUTE

About the Child Mind Institute

More than 15 million American children suffer from a psychiatric disorder – more than the number of children affected by leukemia, diabetes and AIDS combined. Millions of children and teens go undiagnosed and untreated. More than 50 percent of them will never get help.

The **Child Mind Institute** is the only independent, nonprofit organization exclusively dedicated to transforming mental health care for the world's children to enable them to reach their full potential. We are committed to finding more effective treatments for childhood psychiatric and learning disorders, building the science of healthy brain development, and empowering children and their families with the information they need to get help, hope, and answers. The Child Mind Institute does not accept funding from the pharmaceutical industry.

In a very short period – we only opened in November 2009 – we have many things to be proud of.

- The Child Mind Institute is changing the paradigm of the diagnosis, treatment, and care for child psychiatric and learning disorders. Since opening our clinical program in September, we have provided evaluations and treatment to children worldwide, including kids from Dubai and Israel, as well as upstate New York and right here in Manhattan on the Upper East Side. We have provided the care for them in our offices, in their homes, and on Skype. Our clinicians are seeing kids more frequently, treating them more intensely – and using highly specialized behavioral approaches that respond in real time to what kids are experiencing. We are working with the New York City Department of Education to develop programs that systematically train teachers to more effectively manage disruptive behavior in the classroom.
- We've established a Scientific Research Council composed of 13 of the leading child mental health researchers from 10 of the nation's best academic institutions. Our vision is that every patient has the opportunity to build the science of healthy brain development. We believe that the research that we have created with the Scientific Research Council is the key to accelerating the pace of scientific discoveries and turning them into effective new treatments. Our Scientific Research Council provides a forum for an ongoing dialogue between researchers who are studying childhood psychiatric disorders on a molecular and cellular level and clinical researchers.
- We've launched our website, childmind.org, offering a wide range of scientifically sound information and advice, from the latest thinking on psychiatric and learning

disorders to issues of concern to all parents. We have enlisted the leading child mental health experts from all over the world as well as our own clinicians to make videos and write articles on a wide range of topics including ADHD, depression, eating disorders, cyberbullying, sex, and discipline.

- We will open the doors to our **new 24,000-square-foot headquarters** at 445 Park Avenue (our private entrance is on 56th Street) on March 21. When children walk in to CMI's new home, they will enter a two-story space that is child- and family-friendly with play areas, private waiting areas, a café featuring vending machines filled with healthy snacks, Wi-Fi hot spots, and wonderful meeting rooms. Our clinical offices provide us with the latest technology including the ability to record sessions in order to monitor research, training, and treatment outcomes. The space is designed so that clinicians and researchers work side by side and collaboratively to help develop better understanding and treatment of child and adolescent psychiatric disorders.
- This May, during National Children's Mental Health Awareness Week, the Child Mind Institute has taken the lead along with the American Academy of Child & Adolescent Psychiatry (AACAP), Hunter Boot USA, and *Parents* magazine to present *Speak Up for Kids!*—a nationwide public education campaign designed to help more parents and teachers recognize the signs and symptoms of childhood mental illness. Hundreds of mental health professionals around the country will share their expertise in *Speak Up for Kids!* talks. And on May 17 at Hunter College, the Adam Jeffrey Katz Memorial Lecture will feature a panel discussion with leading child and adolescent mental health experts and an intimate conversation with a nationally recognized celebrity about his personal struggles with ADHD and dyslexia.

The Child Mind Institute is the only organization of its kind committed to countering what is truly a public health crisis with real science, far-reaching education and advocacy, and the proven, individualized care that can make all the difference for children in need. As we continue to grow and develop new partnerships and incubate new initiatives, we look forward to and are inspired to work for a world in which no child suffers from psychiatric illness—and in which all children can reach their full potential.